

PEAS Presents: Multidisciplinary Group Strategies for Expanding Food Choices for Children with Pediatric Feeding Disorder | Apr 27, 2022

Guest Speaker: Carrie Owen, OT Reg. (ON)

Additional Questions from Percolator (not answered live)

1. You started offering 4 sessions for 4-12 age group, was there a set number of sessions for the younger population groups and was this always over a period of 6 months?

We are now offering four sessions for the 1-4 year old group. There is then an opportunity for follow up sessions with the OT within this group. They are seen usually monthly until their skill level has improved resulting in functional eating. The 4-12 year old group are not offered follow up sessions.

2. Do you see value in a mixed approach of group and a couple individual sessions?

With the younger children there are a few who do benefit from follow up in individual treatment. Many do well in a smaller group 2-3 families for follow up.

3. Can you share the articles you mentioned about appetite stimulants?

The Use of Cyproheptadine In Young Children With Feeding Difficulties and Poor Growth at a Pediatric Feeding Program. June 2014. [Journal of Pediatric Gastroenterology and Nutrition](#) 59(5)

4. What is the name of your Pinterest board that you mentioned for sensory activities?

Sweet Pea Occupational Therapy
<https://www.pinterest.ca/sweetpeatherapy/>

